

<p>COOPERATE & SOLVE PROBLEMS (EYFS) ATTACK, DEFEND, SHOOT (KS2) INVAISON GAMES (KS2)</p>	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>EYFS / National Curriculum Links</p>	<p><u>Cooperate & Solve Problems: Unit 1:</u></p> <ul style="list-style-type: none"> Preparing for cooperative physical activities 	<p><u>Attack, Defend, Shoot - Unit 1:</u></p> <ul style="list-style-type: none"> Develop fundamental movement skills in a variety of games Engage in competitive situations with some attacking and defending skills <p><u>Attack, Defend, Shoot - Unit 2:</u></p> <ul style="list-style-type: none"> Become increasingly competent and confident with fundamental movement skills Develop simple tactics in game situations 	<p><u>Attack, Defend, Shoot - Unit 1:</u></p> <ul style="list-style-type: none"> Develop eye to foot coordination Participate in increasingly challenging game situations <p><u>Attack, Defend, Shoot - Unit 2:</u></p> <ul style="list-style-type: none"> Apply agility, balance and coordination to a range of ball skill Participate in increasingly challenging game situations Participate in team games development simple tactics for attacking and defending 	<p><u>Hockey</u></p> <ul style="list-style-type: none"> Play in competitive games developing agility. Able to recognise where improvements could be made in their work Select and combine more complex skills in game situations <p><u>Handball:</u></p> <ul style="list-style-type: none"> Play in competitive, modified games Develop control in combining handball skills Work collaboratively to use basic tactics and strategies to attack <p><u>Football</u></p> <ul style="list-style-type: none"> Play in competitive games using basic attacking principles Master basic movements including sprinting, change of direction and coordination of the feet. Work collaboratively to use basic tactics to attack <p><u>Tag Rugby</u></p> <ul style="list-style-type: none"> Play in competitive games using basic tactics Master basic movements including sprinting, change of speed, throwing and catching Work collaboratively to use basic tactics for attack 	<p><u>Football / Hockey</u></p> <ul style="list-style-type: none"> Play in competitive games developing stamina and endurance. Practice and use running, sprinting and dynamic balance in games Work collaboratively to use basic tactics for defending and attacking 	<p><u>Football / Tag Rugby / Netball</u></p> <ul style="list-style-type: none"> Able to recognise where improvements could be made in their work. Develop, select and combine more complex skills in competitive environments. Play in games developing strength and technique. 	<p><u>Football / Tag Rugby / Netball</u></p> <ul style="list-style-type: none"> Play in competitive games developing fluency in skills and techniques Work in collaboration to play in different formations Compare team performance against other team performances Working as a team implementing attacking and defending tactics (Tag Rugby).
<p>Progression of Skills</p>	<p><u>Spring 1: Cooperate & Solve Problems: Unit 1:</u></p> <ul style="list-style-type: none"> Work as an individual and part of a group to match. Keep heart rate high. Travel and follow travel trails as and individual. Work cooperatively to form shapes. 	<p><u>Autumn 1: Send & Return – Unit 1</u></p> <p><u>Spring 1: Attack, Defend, Shoot Unit 1</u> <u>Spring 2: Attack, Defend, Shoot Unit 2</u></p> <ul style="list-style-type: none"> Send to targets. Catch and intercept. Bounce ball to self. Defend a target. Attack and defend as a pair. Communicate with partner. Compete in a basic tournament 2v2. 	<p><u>Autumn 1: Send & Return – Unit 1</u> <u>Spring 1: Attack, Defend, Shoot Unit 1</u> <u>Spring 2: Attack, Defend, Shoot Unit 2</u></p> <ul style="list-style-type: none"> Kick with inside of foot and stop ball with feet. Control a ball. Bounce the ball to send it. Bounce a ball to begin to dribble. Throw/send a variety of equipment. Pass and move. Intercepting in a game. Play goalkeeper 	<p><u>Autumn 2: Unit 1</u> <u>Summer 1: Unit 2</u></p> <p><u>General:</u></p> <ul style="list-style-type: none"> Dribbling, passing in pairs Defensive positioning. Building an attack. Finding space to receive the ball. Shot, pass, dribble theory. <p><u>Football:</u></p> <ul style="list-style-type: none"> Using inside and outside of foot, trapping. <p><u>Handball:</u></p> <ul style="list-style-type: none"> Catching ready position. Move correctly with the ball. Attacking formations. Effective hand grip <p><u>Hockey:</u></p> <ul style="list-style-type: none"> Using flat side of stick. Close control, preparing to tackle. <p><u>Netball:</u></p> <ul style="list-style-type: none"> Chest, shoulder and bounce pass. Role of goal shooter. Dodging to get free. Collecting a loose ball. <p><u>Tag Rugby:</u></p> <ul style="list-style-type: none"> Ball handling. Running past defenders. Evading taggers and tag protocol. 	<p><u>Spring 1: Unit 1</u> <u>Summer 2: Unit 2</u></p> <p><u>General:</u></p> <ul style="list-style-type: none"> Passing over longer distances, use some marking technique and introduce some defending principles. <p><u>Football:</u></p> <ul style="list-style-type: none"> Dribbling in different directions, defensive tackling, front of player and goal side marking. <p><u>Hockey:</u></p> <ul style="list-style-type: none"> Push pass, slap, pass, straight dribble, stopping and turning with the ball. <p><u>Netball:</u></p> <ul style="list-style-type: none"> Protecting the ball, basic shooting, playing within 3rds, 1to1 marking, pivoting, preliminary moves <p><u>Tag Rugby:</u></p> <ul style="list-style-type: none"> Picking up and running with ball, correct ball carrying position, keeping possession. 	<p><u>Autumn 1: Unit 1</u> <u>Spring 2: Unit 2</u></p> <p><u>General:</u></p> <ul style="list-style-type: none"> Combine basic skills with confidence such as dribbling and shooting. Select and apply appropriate skills in a game situation. <p><u>Football:</u></p> <ul style="list-style-type: none"> Turning with the ball, running with ball, keeping possession, step over. <p><u>Netball:</u></p> <ul style="list-style-type: none"> Effective bounce-pass in game, use a greater variety of dodging skills, pivot and pass, 2 handed shooting. <p><u>Tag Rugby:</u></p> <ul style="list-style-type: none"> Tagging opposition, when to run and when to pass into space, deny space to opposition, pop pass, magic diamond formation, 3 step and pass technique. 	<p><u>Autumn 1: Unit 1</u> <u>Spring 2: Unit 2</u></p> <p><u>General:</u></p> <ul style="list-style-type: none"> Compare performances. Comprehend and show why player with the ball should keep moving or be ready to pass quickly. <p><u>Football:</u></p> <ul style="list-style-type: none"> Setting up others to shoot, deny space, role of covering defender, penalty shooting, goal keeping, close control knee, chest. <p><u>Netball:</u></p> <ul style="list-style-type: none"> Double bounce rule, marking to pass or shoot, organisation around the D, rebounds as attacker and defender, knocking the ball away. <p><u>Tag rugby:</u></p> <ul style="list-style-type: none"> Set play for attacking, take the distance not the time, spaces not faces
<p>Key Vocabulary</p>	<p>Cooperate, team, individual, partner, pair, work, choose, try, travel, roll, jump, twist, turn, crawl, roll, run, line file, width, length, carry, challenge, shape, count, retrieve, collect, suits, deck, cards, trail, body, shape, number</p>	<p><u>Unit 1:</u> attack, catch, compete, defend, over-arm, play, against, receive, rolling, send, throw, under-arm</p>	<p><u>Unit 1:</u> aim, attack, compete, controlling, cooperate, defend, direction, fluency, following, heart rate, kick, outwit, physical activity, pitch, play against, rebound, receive, scoring, send, speed</p>	<p><u>Football:</u> control, use space, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, shoot, intercept, foot, inside of the foot, touch, possession</p> <p><u>Handball:</u> shoot, defend, attack, block, run, control, catch, pass, teamwork, score, intercept, possessions, movement, using space</p>	<p><u>Football:</u> control, use, space, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, shoot, intercept, foot, inside of the foot, touch, possession</p>	<p><u>Football:</u> control, use space, speed, mark, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, interchange, regain, shoot, positions, power, distance, perform, consistent, fair play, possession, goal side</p>	<p><u>Football:</u> control, use space, speed, mark, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, interchange, regain, shoot, positions, power, distance, perform, consistent, fair play, possession, goal side</p>

		Unit 2: step, feet, alternate, one foot, balance, stand, stop, reach, stretch, hold, carry, touch, crawl, jump, roll, hands, feet, weight, slide, slither, apparatus, pause, prepare, anticipate, freeze, high, low, switch, agility, music, beat, softly, quietly, quickly, powerfully	Unit 2: send, receive, defend, attack, compete, play against, cooperate fluency, physical activity, heart rate, pitch, outwit, kick, rebound, aim, speed, direction, scoring, controlling, following, tactics, opponent	Hockey: hockey, sticks, pitch, run, agility, stop, trap, attack, defend, shoot, control, aim, tackle, block, ball, quick, sticks, shaft	Hockey: control, use space, defend, attack, dribble, pass, push, slap, tactics, compete, collaborate, teamwork, score, shoot	Netball: score, shoot, possession, react, foul, umpire, quick turns, dodge, pivot, stationary, shooting circle/semi-circle	Netball: control, use space, defend, attack, chest pass, tactics, compete, collaborate, teamwork, score, shoot, footwork, foul, free pass, pivot, blocking, metre, organization, knocking, rebounds, free
				Tag Rugby: space, pass accurately, mark, dodge, attack, defend, footwork, possession, change of direction, tactics, teamwork, zones, intercept, sidestep, send, tag, release, safe, passing back, feint	Tag Rugby: passing, running, backwards, tag, straight space, teamwork, try-area, defend, attack, compete, evade, pace, pickup, step	Tag-Rugby: passing, running, backwards, tag, straight, space, teamwork, try-area, defend, attack, retain, contest, possession, pressure, support, pop pass, turn over, lose pass	Tag-Rugby: passing, running, backwards, tag, straight, space, teamwork, try-area, defend, attack, retain, contest, possession, pressure, support, pop pass, turn over, lose pass
	<p>Cooperate: To be able to work with others to achieve success</p> <ul style="list-style-type: none"> Be successful in games such as 'Cross the River' <p>Trail: A route to be followed Follow a set of cones from one place to another</p>	<p>Attack: The team with the ball using tactics to move into a position to score</p> <ul style="list-style-type: none"> The team scoring a basket in basketball <p>Defend: The team without the ball trying to stop the other team scoring</p> <ul style="list-style-type: none"> The team trying to stop a goal in hockey 	<p>Compete: Playing a game against other people to gain points</p> <ul style="list-style-type: none"> Small-sided games <p>Outwit: Using a tactic to beat an opponent</p> <ul style="list-style-type: none"> Players off the ball running to a space to distract defenders 	<p>Possession: The team who has the ball</p> <ul style="list-style-type: none"> The team maintaining the ball in tag rugby <p>Space: Areas on the court or pitch where nobody else is</p> <ul style="list-style-type: none"> The wing of the pitch where no players are standing 	<p>Intercept: Taking possession of the ball by getting in the way of a pass</p> <ul style="list-style-type: none"> A defender catching a chest pass from an opponent <p>Teamwork: Working with others to achieve success</p> <ul style="list-style-type: none"> Knowing teammates strengths and weaknesses 	<p>Positions: The area of the pitch and role a player is responsible for</p> <ul style="list-style-type: none"> Goal defence in netball, striker in football <p>Regain: Winning back possession when lost</p> <ul style="list-style-type: none"> A player wins the ball back after an interception 	<p>Counterattack: Switching quickly from defence to attack when winning possession</p> <ul style="list-style-type: none"> A player intercepting the ball and passing forward <p>Feint: Using the body to mislead or trick an opponent</p> <ul style="list-style-type: none"> Double cross in basketball/dummy pass in rugby.